

Saleel Pulekar

Full Time Art of Living Faculty, Corporate Trainer, Youth Mentor & Life Coach



About

Known to create an atmosphere of (un)learning with celebration wherever he goes. Apart from this, Saleel is also known for his broad vision towards life, sense of humor, and profoundness of knowledge blended with simplicity and amicability.

Expertise

- Goal Setting
- Leadership
- Relationship
- Youth Mentoring
- Corporate Training

Experience

- 10 years of round the globe experience as an IT professional he worked on projects in India, far east, Europe and South Africa.
- Art of Living trainer since 2002.
- Expertise in soft skill development
- Internationally acclaimed mentor and life coach
- Known for his effectiveness in teaching



Education: B.E. Electronics, University of Mumbai, 1995

Age: 43

International Faculty, *Art of Living Foundation*

Youth Leader & Mentor, *Art of Living Foundation*

Lead Trainer, *Art of Living Training Cell*

Chief of Operations – Social Projects

Regional Director – Volunteer for Better India

Companies/ Organizations/ Educational Institutes taught Art of Living Programs in:

*Tata memorial Hospital, SEBI, TCS, NIA,
Mastek, IBM, Syntel, Atos Origin and
other top IT companies.*

*AIIMS, COEP, MIT, IMT Ghaziabad,
University of Berlin, University of
Leipzig, University of Bresden, IIM
Indore, IIT Bombay, IIT Delhi, IIT
Chennai, Delhi Technical University, BITS
Pilani, Somaiya College, KIMS medical
college, Bangalore, COEP, B J Medical,
and many other institutions*

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Instagram: [@PulekarSaleel](#)

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“Even if you lose everything, if you have confidence, then you can recreate everything again, and that is SUCCESS”

Sri Sri Ravi Shankar